
KIRSTEN TALBOT

LIFE & SPIRITUAL COACHING

Hi Neighbors,

I hope this letter finds you well! I haven't met all of you yet, but if you've seen a woman with long blonde hair walking a husky—that's me. I love the rapport within our neighborhood and how it's filled with such a unique collection of people.

In that spirit, I'm excited to announce the launch of my new venture as a Life & Spiritual Coach.

In today's fast-paced world, finding clarity and taking actionable steps towards our goals can be challenging. My mission is to guide people on their journey towards achieving their optimal life, where they feel fulfilled, balanced, and joyful.

To celebrate this launch, I am offering a complimentary 30-minute coaching session. This is a fantastic opportunity to experience the transformative benefits of life coaching, either for yourself or someone you care about.

During this session, we will explore:

- Gaining clarity on personal and professional goals
- Identifying and overcoming obstacles
- Turning insights into actionable steps
- Enhancing overall well-being and life satisfaction

Imagine moving forward with a clear vision and a guided path to success. If the experience resonates with you, I would be honored to continue our coaching journey with further sessions. To schedule your free session, please reach out to me at kirsten.t.talbot@gmail.com or 323-459-7309.

Thank you for your support. I look forward to the opportunity to work together and help you or your loved ones on this transformative journey.

Warm regards,



Kirsten Talbot